

Maine Coast Men Fall 2019 Boyhood



Drawing by Dan Kirchoff. ©2019

Remember when you were young? You had dreams, ideas, aspirations, and a unique idea of fun. At the Fall 2019 weekend, we hope to reconnect with what it was like way back then (well, way back then for some of us, anyway). The boy you once were is still inside of you. Come see what you can find out about yourself with his help and the other boys of the Maine coast.

Join us, as a community of men, for a retreat of sharing and support, exploring these issues and beyond, providing one another with ideas and experiences for encouragement along the path.

Contact John at john.bangeman@gmail.com or Hank at hdlunn@midcoast.com to discuss your idea for a workshop. WE NEED YOU to make this a memorable and exciting weekend.

We'll be at Tanglewood Camp in Lincolnville, Maine the weekend of October 18-20, 2019.

The camp is in a remote wooded area with hiking trails and a warm, welcoming central lodge. Some cabins have heat; others don't. You can camp if you want. Fires in designated places only!

WHO ATTENDS: Any man who wants to register is welcome; we believe in diversity and mutual acceptance. There will be men of all ages and walks of life including fathers, sons, brothers and friends. Teens (14 to 18) may attend for free accompanied by a parent or a guardian with parental permission.

SATURDAY ONLY OPTION: If you just want to check it out, come for Saturday only for \$30 and stay through the variety show.

OPENING CIRCLE: Each man is encouraged to introduce himself in relation to the theme and briefly state specific issues he wants to discuss later during the weekend. The Opening Circle occurs Friday night and frequently includes ritual and pageantry.

Maine Coast Men strives to provide a safe, fulfilling, chemical-free environment that fosters individual growth and encourages honest, in-depth interaction among men. We welcome all self-identified men with respect and good will.

Maine Coast Men Fall 2019 PLEASE REGISTER IMMEDIATELY!

Please return this form with your deposit — payment in full if at all possible. ADVANCE REGISTRATION IS ESSENTIAL TO WEEKEND PLANNING

Name _____

Address _____

City _____

State _____ Zip _____

Phone _____

E-mail _____

Contact for emergencies:

Name _____

Phone _____

Total fee (see reverse) _____

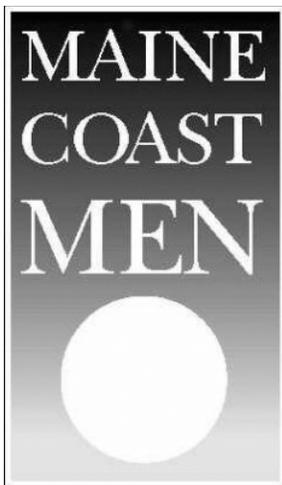
Amount enclosed _____

Check if this is your first time with Maine

Coast Men:

"By my signature on this application, I agree to assume all responsibility for all risk of damage or injury that may occur to me as a participant in this event. In consideration of being accepted as a participant in this event, I hereby, for myself, my heirs, executors and administrators, release and discharge Maine Coast Men, Tanglewood 4-H Camp, and all persons associated with this event from all claims, damages, causes of action, present or future, known or unknown, anticipated or unanticipated, which result from or arise out of, or are incident to my participation in this event."

Signature _____



Fees

New Man's Initiative – MCM would like to offer any new man the opportunity to have his weekend fee waived. New men can opt to pay part or all of the fee if they choose. Please contact registrar John Bangeman at 207 785 2032 for details.

Your fee covers the cost of workshops, meals and lodging. In addition to the fee, each participant is responsible for one work assignment at the lodge kitchen, firewood, et. al. The fee is \$100 per man with a \$10 discount to those who register before September 30. Saturday only \$30. In the event that the fee is a hardship for you, call John Bangeman at 207 785 2032 for scholarship accommodations.

Make checks payable to:
Maine Coast Men.

Send registration to:
Maine Coast Men, c/o John Bangeman,
266 Payson Road, Union ME 04862

THE AUCTION IS A HUGE SUCCESS!

During the past few weekends, MCM has held an auction with items that men donate to help MCM stay financially strong as well as providing scholarships to any man wishing to attend the weekend. Feel free to bring an item for the auction and the story behind it. We have had everything from CD collections to books to winter coats and even a working generator. It is a wonderful time, so bring a little extra cash to bid with.

WORKSHOPS: Saturday workshops are led by participants. Past workshops have included a wide variety of topics on men's issues, spirituality, sexuality, self-improvement, singing, dancing, drumming, making the perfect cup of espresso, etc. Consider developing one by yourself or co-facilitating a workshop with a friend. It is a rewarding experience to share a passion, an interest or an experience with other men at the weekend.

CONVERSATIONS: Do you just want to sound off about something or ask a question to which you don't have the answer? Want to brainstorm some topic with others? Claim one of the fireplaces for a conversation pit and put it out there.

Of course, you are always welcome to walk in the woods, hang out and just unwind if you prefer.

MEALS: An awesome vegetarian fare is prepared by participants with excellent results. Meals are a highlight of the Maine Coast Men experience. Everyone is encouraged to bring a vegetarian casserole, salad or dessert to share for the Friday night potluck.

Nuts: Due to the increased prevalence of nut allergies, MCM and Tanglewood have a policy of not using nut products in the meals we provide; and we ask all participants to refrain from bringing nuts or nut related products into camp.

VARIETY SHOW: Everyone is invited to participate in Saturday night's variety show by telling a funny story, reading a poem, singing, improvising or performing. No talent required and no performance required either; just be a member of the audience to support, applaud and cheer those who choose to entertain.

CLOSING CIRCLE: Concluding the weekend on Sunday is a group picture (you can choose not to be in it) and a closing circle in which everyone has an opportunity to share something about his experience. Everything ends at 2 to 3 pm after camp clean up. With many hands helping, we usually get out earlier.

QUESTIONS?
Contact David Hanc
at hmmmbus@aol.com
or visit mainecoastmen.net